## COURSE OUTLINE: HSP118 - CLR LIGHTEN HAIR 1

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| **Course Code: Title** | HSP118: COLOUR LIGHTEN HAIR 1 |
| **Program Number: Name** | 1054: HAIRSTYLING |
| **Department:** | HAIRSTYLIST |
| **Academic Year:** | 2025-2026 |
| **Course Description:** | This course has been designed to introduce the basics of colour theory. In this course students will learn the categories of artificial colour and their effects on the hair. Colouring hair is one of the most lucrative services offered in the salon, therefore, it is important to learn the necessary knowledge in theory to provide safe and predictable results. Students develop the practical skill to successfully complete a virgin colour and a retouch colour service using a variety of methods of products and application techniques. |
| **Total Credits:** | 7 |
| **Hours/Week:** | 7 |
| **Total Hours:** | 98 |
| **Prerequisites:** | There are no pre-requisites for this course. |
| **Corequisites:** | There are no co-requisites for this course. |
| **This course is a pre-requisite for:** | HSP128 |
| **Vocational Learning Outcomes (VLO's) addressed in this course:**<br><br>Please refer to program web page for a complete listing of program outcomes where applicable. | **1054 - HAIRSTYLING**<br><br>VLO 11    Ability to colour, lighten, tone, highlight and lowlight hair, and/or remove pigment to the level of colour desired. |
| **Essential Employability Skills (EES) addressed in this course:** | EES 6    Locate, select, organize, and document information using appropriate technology and information systems. |
| **Course Evaluation:** | Passing Grade: 50%, D<br><br>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation. |
| **Books and Required Resources:** | Cosmetology and Foundations bundle by Milady<br>Publisher: Milady Binding Edition: 14th Edition<br>ISBN: 9780357871492<br><br>Workbook package by Milady<br>Publisher: Milady Binding |

ISBN: 9780357922170

Hairstyling Supply Kit available for purchase in the bookstore

**Course Outcomes and Learning Objectives:**

| Course Outcome 1 | Learning Objectives for Course Outcome 1 |
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| 1.Explain the principles of colour theory and their practical applications in colouring hair. | 1.1 Describe the colour wheel, including primary, secondary, and tertiary colours.<br>1.2 Explain the level system and natural pigmentation at each level.<br>1.3 Analyze tonal values and predict outcomes when mixing tones. |
| **Course Outcome 2** | **Learning Objectives for Course Outcome 2** |
| 2. Describe and differentiate categories of hair colour and their chemical actions. | 2.1 Identify non-oxidative and oxidative hair colour products and their effects.<br>2.2 Compare temporary, semi-permanent, demi-permanent, and permanent colours.<br>2.3 Explain the chemical processes of colour deposit, lightening, and decolourization.<br>2.4 Evaluate the limitations and benefits of each product type. |
| **Course Outcome 3** | **Learning Objectives for Course Outcome 3** |
| 3. Apply foundational hair colouring techniques. | 3.1 Perform hair and scalp analysis using the Level System and colour charts.<br>3.2 Gather and interpret client goals and hair history to select appropriate products.<br>3.3 Develop custom formulations aligned with client expectations and hair condition.<br>3.4 Identify considerations for blending and covering grey hair using appropriate colour formulations.<br>3.5 Recommend maintenance and products, and home care strategies. |
| **Course Outcome 4** | **Learning Objectives for Course Outcome 4** |
| 4. Demonstrate procedural steps for colour services including new growth, full colour and grey coverage. | 4.1 Section and prepare hair for precise application.<br>4.2 Apply colour to new growth, ensuring accuracy and avoiding overlap.<br>4.3 Execute basic colour applications with full saturation and cross-checking techniques.<br>4.4 Assess results through strand tests and adjust as needed for optimal outcomes. |
| **Course Outcome 5** | **Learning Objectives for Course Outcome 5** |
| 5. Apply safe, consistent methods in handling, mixing, and applying hair colour products. | 5.1 Demonstrate proper safety and sanitation protocols throughout the colouring process.<br>5.2 Follow manufacturer`s instructions for accurate mixing, timing, and application.<br>5.3 Develop control and consistency in sectioning, product placement, and saturation.<br>5.4 Monitor and adjust application techniques to protect hair |

| | and scalp integrity. |
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| **Course Outcome 6** | **Learning Objectives for Course Outcome 6** |
| 6.Explore introductory techniques in tonal refinement and highlight applications. | 6.1 Describe the basic steps for simple corrective colour and tonal adjustments.<br>6.2 Demonstrate introductory highlight placement using the cap technique.<br>6.3 Perform basic tonal adjustments using glossing, and toning services for enhancing or correcting colour. |

**Evaluation Process and Grading System:**

| Evaluation Type | Evaluation Weight |
| --- | --- |
| Assignments | 10% |
| Employability skills | 30% |
| Milady workbook | 10% |
| Practical evaluation | 30% |
| Quizzes and exams | 20% |

**Date:** June 17, 2025

**Addendum:** Please refer to the course outline addendum on the Learning Management System for further information.